



Duke Diet & Fitness Center

DFC Assistance Fund - Frequently Asked Questions

Q: Is the DFC accepting applications for assistance?

A: Yes, the DFC will be accepting applications for Assistance Fund grants between 4/1/18 - 4/30/18, August 1 – August 31, 2018 and December 1 – December 31, 2018. To be considered for a grant, all applications MUST be received during this time.

Q: Who is eligible for an Assistance Fund grant?

A: To be eligible for a scholarship, you have a Body Mass Index of 35 or higher (<http://www.nhlbi.nih.gov/guidelines/obesity/BMI/bmicalc.htm>), be at least 25-years-old, and demonstrate a financial need.

Q: What is the amount of the grant to be awarded?

A: A \$6,685 grant towards a four-week program will be awarded to the recipient in 2018 or a prorated amount for a program of shorter duration.

Q: Will more than one grant be awarded?

A: The DFC has funds available for more than one recipient. The number of recipients depends on the durations of their programs.

Q: Where will I stay while at the DFC?

A: Recipients are responsible for arranging their own housing during their stay. If you awarded a grant, the DFC Client Relations Manager will assist with nearby housing options. There are several hotels that offer a discounted rate for DFC clients.

Q: When would I come to participate in the program?

A: Recipients of the grant must come within three months of their acceptance or the funds will be used for other applicants.

Q: Is there a scholarship for return clients?

A: At this time, the DFC Assistance Fund is for those who have not previously attended the DFC program.

Q: Whom should I contact if I have additional questions or concerns?

A: Please contact Dina Lumia, Client Relations Manager, at dina.lumia@duke.edu, or 800.235.3853.